# Kids with Courage application

Enrolling my child/ren:

1) Namo:

1) Name.		
School:		
Age:		
D.O.B	male 🗆	female □
2) Name:		
School:		
Age:	Year Level:	
D.O.B	male 🗆	female □

### cost

\$50 includes manual, light tea, and crafts

(Discretionary subsidy available).

Int Banking 03 0887 0281519 00

Ref: Kids with Courage

EFTPOS available at the parents evening

Please post completed application form to LIFE CHURCH 134 Morgans Rd, Timaru 7910 ph 6861618

Alternatively, you can complete this form online – email lifechurch@live for the link or go to our website www.lifechurchtimaru.com

## Careforce Lifekeys

Careforce Lifekeys programmes offer an opportunity to see how Christian principles can form a foundation to find a path through the conflicting pressures and expectations of life today.

In Term three Lifekeys Life Church offer a Lifekeys programme for 8 – 11 year olds.

Experience has shown the impact of this relatively short programme to be sustainable and long lasting. Family units are given tools to communicate more effectively and the children benefit through improved social skills and a healthier self awareness.

The participant's manual provides a tool for the children and family to refer to, and to draw on as they seek to continue applying the skills and ideas they have learned.

As the programme covers various topics and the teaching builds a foundation of relationships within the group it is essential to have a commitment from parents to have their children attend every session they can.

Parental interaction is encouraged with the children and facilitators.

A parent information night will be held on Friday 28 July 2023 @ 7.30pm at Life Church, 134 Morgans Road.

A family celebration and feedback will be held from 8 – 8.30pm on the final night.





# Kids with Courage

Kids with Courage is a seven week programme that aims to strengthen primary aged children, together with their family, giving skills to ensure healthy relationships at home, with peers and at school.

The programme includes themes that build on the child's strengths. In a supportive, fun atmosphere they will explore feelings, set goals, and find positive ways of problem solving and making decisions.

## kids with courage will:

- Encourage positive self regard
- Assist children's communication skills
- Teach children to access support
- Use role plays to develop life skills
- Ensure a safe environment
- Provide support for parents/carers

## Programme Dates

Friday Aug 4th - Sep 15th 2023 Starting at 5.15 pm with light tea (pizza, sausage or similar) Finishing at 8 pm.

Venue: Life Church 134 Morgans Rd

Sessions are:

- 1 Feelings
- 2 Boundaries
- 3 Social Skills
- 4 Grief and Loss
- 5 Anger
- 6 Fear and Worry
- 7 Self Esteem

**Attending Parents/guardian** information night on Friday 28 July at 7.30pm will ensure your child and you get the best result. Extra time will be allowed on the final night between 8-8.30pm for parent feed back to ensure we remain relevant.

**Cost** \$50 covers manual, light tea, crafts. (Discretionary subsidy available). Internet Banking 03 0887 0281519 00 Ref: Kids with Courage

### **Enquiries to:**

Life Church: 6861618 lifechurch@live.com

Murray Cheyne 021 1012275



## Kids with Courage **Application**

You can complete this form online www.lifechurchtimaru.com on the Careforce Lifekeys page

Parent/Guardian Name(s):		
Address:		
Phone:		
Email:		
How did you hear about this course?		
Please recognize that, if accepted, your child commits to attending the total programme.		
Your child's acceptance into the programme is subject to confirmation following discussion with co-ordinator.		
Signature		
Please turn over to complete the		

2023 applications close July 28 or when course is full

reverse side with your child's details