

## Who is it for?

Are you married or in a long-term cohabiting relationship?

Would you like your relationship to be the best it can be?

If you answered yes to any of those questions then this course is for you!

The Marriage Course is for any couple, whether you have been together for one year or 61 years and whether you feel you have a strong relationship or are struggling.

If you have a strong marriage this course will help you make it even better and will reinforce your good habits.

If on the other hand your marriage is in difficulty, the course will help provide you with very practical tools to help you work through the issues. Some couples who are separated have used the course as a way of trying to get back together

Whatever your situation, the practical tools you learn will help improve and strengthen your relationship.

While The Marriage Course is based on Christian principles, it is designed for couples with or without a Christian faith. Many couples who are not churchgoers have commented that the Christian content was presented in a way that did not make them uncomfortable at all.

## For more information

Contact: Brigitte & Marcus Kempf  
Rhys & Lorraine Morgan  
Heather and Simon Harding  
or visit [relationshipcentral.org.nz](http://relationshipcentral.org.nz)  
[www.themarriagecourse.org](http://www.themarriagecourse.org)

**Over seven sessions of the course you will discover practical tools to help you:**

- ♥ Understand each other's needs
- ♥ Communicate more effectively
- ♥ Grow closer through resolving conflict
- ♥ Heal the way you've hurt each other
- ♥ Recognise how your upbringing affects your relationship
- ♥ Improve relationships with parents and in-laws
- ♥ Develop greater sexual intimacy
- ♥ Discover each other's love languages and much, much more

## COURSE DATES

**Saturday 1 May @ 7:30pm**  
*then* **Wednesdays 5 May to 16 June 2021**  
**7pm to 9.30 pm**

**Venue Life Church Timaru**  
**134 Morgans Road**

**Cost \$90 per couple**  
**Paid prior to commencement**  
**Online 03 0887 028159 00**  
**Ref: Marriage Course**

Please get in touch if the cost is going to be a barrier from participating

## Facilitators

### **Rhys and Lorraine Morgan**

Bring a wealth of experience of coping with the realities of over 35 years of marriage, including children, a grandchild and a husband "still in training."

### **Simon & Heather Harding**

Married for 19 years and parents of three children, a dog and a cat, they work together in their own construction company and still enjoy each other's company.

### **Marcus & Brigitte Kempf**

Married for 30 years and parents of two adult children, a dog and two cats. They don't work together but they do work well together.

### **REGISTRATION FORM**

"The Marriage Course"

Saturday 1 May and then

Wednesdays 5 May – 16 June 2021

Name.....

Phone.....

Email.....

#### **REGISTER BY CONTACTING:**

Life Church Timaru 03 686 1618

Brigitte: 027 233 3027

Email: [lifechurch@live.com](mailto:lifechurch@live.com)

Payment \$90 per couple paid prior to commencement

Online 03 0887 028159 00 Ref: Marriage

EFTPOS at the Church Office

Cash/cheque

## What can I expect?

The course takes place over seven evenings

Each session includes

**Fantastic atmosphere** that many say feels like a date night.

**Dessert & Coffee at a romantic table for two** giving you space to relax and chat and discuss topics between the two of you in privacy.

**Practical Talks** that are informative and fun, with a range of presenters on the big screen.

**No group work**, so relax – you will not have to share anything about your relationship with other couples.

**Homework** - at the end of each session you are given some homework to do together. This will help you to build on what you have already learnt and give opportunity to apply it to your relationship. Don't worry – it won't be marked. It isn't looked at by anyone else and is just for your own benefit.



The Marriage Course was developed by Nicky and Sila Lee, co-authors of The Marriage Book and The Parenting Book.

Nicky and Sila will present the course along with a range of insightful couples via varied presentations on the big screen.

They have been married for over thirty years, have four children and are on the staff at Holy Trinity Brompton, the London church that started the Alpha course.



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themarriagecourse



**NEED A MARRIAGE TUNE-UP?**

*Book into the  
"Marriage Garage"  
for a tune up with  
The Marriage Course*

**INTRO NIGHT**

**Saturday 1 May 2021 @ 7.30pm**

*and then*

**Wednesdays 5 May – 16 June 2021**

**7:00 pm to 9:30 pm**

**Life Church Timaru  
134 Morgans Road, Timaru**