

# Helping kids reach their full potential and develop key life skills



Kids with courage is a seven session program that aims to strengthen primary aged children, enabling them to develop healthy relationships at home and with peers at school.

The programme includes themes that build on the child's strengths. In a supportive, fun atmosphere children explore feelings, set goals and find positive ways of problem solving and making decisions.

Kids With Courage will; encourage positive self regard, assist with communication skills, teach children to access support, use role plays to develop life skills, ensure a safe environment and provide support for parents and carers.

Covering:  
feelings,  
boundaries  
social skills  
grief and loss  
anger  
fear and worry  
self-esteem

## Next course details



Parents & Guardians Introduction and Information Night  
Friday 28 July 2026 7.30-8.30 pm

Friday 7 August - 18 September 2026  
Starts at 5.15pm with a light meal. Finishes at 8pm  
Venue: Life Church at 134 Morgans Road,  
Cost \$50

Apply via QR code or at  
<https://lifechurchtimaru.com/careforce-lifekeys>  
Phone 03 686 1618  
Applications close 31 July 2026

You can fill in the form below and return to the church office or apply online using the QR code



## Kids With Courage: Course Application

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### Childs Details:

Name :

Date of Birth :

School:

Gender :

Year Level:

### Parent/ Guardian Details

Name :

Address:

Phone :

Email:

Your child's acceptance into the programme is subject to confirmation following discussion with the co-ordinator. If accepted your child commits to attending the total programme.

Please sign to acknowledge that you have given permission for your child to be involved in Kids With Courage.

Signature

Date :

### Payment Details

Cost: \$50

Bank Account Name 03-0887-0281519-00 (ref. Kids With Courage)